



How to Use Power Phrases to Say What You Mean, Mean What You Say, & Get What You Want

Meryl Runion

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Easy-to-master techniques for more effective communications in all areas of life

In this breakthrough guide, communication guru Meryl Runion explains why effective communication is more than just a business tool. It is also the key to happier, healthier relationships, and greater personal fulfillment and business success. In *How to Use Power Phrases to Say What You Mean, Mean What You Say, & Get What You Want* she introduces readers to the concept of power phrases--short, focused expressions that let people be direct and to the point without seeming brusque or nasty. In clear, down-to-earth language, illustrated with numerous vignettes and real-world examples, Runion teaches readers how to:

- Say what needs to be said without fear of misinterpretation or creating negative emotional responses
- Master six basic methods for crafting power phrases for any setting and every social, professional, or interpersonal situation

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