



Making Cognitive-Behavioral Therapy Work: Clinical Process for New Practitioners (Chinese Edition)

Lai De Li

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The author, Dr. Ledley, told a case throughout the whole book to tell the readers how to carry out the cognitive behavioral therapy and provided plenty of practical guidance to the core of the clinical skills. The author has given special attention and a large number of relevant advice to clinical issues that novice therapists are concerned for, such as practicing the principle of confidentiality, informed consent, how to make treatment records and report, how to better use supervision, how to continue getting professional growth after formal training etc. The new edition is not only added much new content, but still continues the characteristics of strong practicality of the previous version. So this book is the first choice of teaching material for practitioners and is very popular in the market.

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