



The Nutribullet Recipe Book (Nutribullet Recipe Book Series) (Volume 1)

Cooking With A Foodie

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This is not your regular wimpy recipe book. We crammed hundreds of smoothie recipes, juice recipes, easy soup recipes, spice blends, and even homemade skin and body cream recipes into one easy book.

The Nutribullet Recipe Book supplies over 350 professional quality recipes for use at home (indoor or on the go). This is not a nutribullet manual for beginners. Instead, this is a comprehensive recipe Bible that will help you get the most out of your nutribullet. (Use these recipes in any of the following Nutribullet models - magic bullet, nutribullet rx, nutribullet pro, nutribullet 900 series, nutribullet 600, etc)

Access to organic recipes has never been easier. With the Nutribullet natural healing foods are only minutes away from improving the quality of your physical and mental health.

We set out to find the most beneficial recipes to your health and compile them into one easy recipe book. Use this quick & easy guide to start making the most out of all the nutrients that organic all natural foods have to offer in the form of delicious smoothies, juices, nut milks, spices, homemade creams and butters and much more.

Start drinking wholesome all-natural smoothies 1-2 times a day and feel amazing & full of energy. Your body will naturally start shedding extra weight on its own, while your skin glows and appears radiant.

The Nutribullet Recipe Book will help you:

- turn an ordinary smoothie into a "superfood smoothie"
- make fresh-squeezed juices that don't suck
- achieve "push-button" weight loss
- speed up your body and mind with a daily energy boost
- slow down your body's natural aging process to look and feel younger than ever
- make nutritious and filling meals with nothing but a few ingredients and your Nutribullet

We even included the most popular recipes people search for:

- strawberry banana smoothie
- kale smoothie
- avocado smoothie
- jamba juice
- aloe vera juice

- pomegranate juice
- homemade ice cream recipes
- homemade cosmetics (natural cosmetics)
- homemade lotion for natural skin care (like shea butter)
- homemade spices

IN THIS NUTRIBULLET BOOK, YOU WILL FIND:

100 Smoothie recipes (including organic green smoothie recipes)

- 20 superfood smoothies
- 20 high-protein smoothies
- 20 weight-loss smoothies
- 10 anti aging smoothies
- 10 detox smoothies
- 10 energy smoothies
- 10 high calorie smoothies

100 Juice recipes (juicing recipes that actually taste great)

- vegetable juice recipes
- green juice recipes
- detox juice recipes
- juicing recipes for weight loss
- juicing for weight loss

25 Nut milk recipes

- almond milk recipe
- cashew milk recipe
- pistachio milk

10 Organic nut butter recipes

- cashew butter
- pistachio butter
- almond butter

25 Easy soup recipes

- chicken soup recipes
- potato soup recipes
- lentil soup recipes
- vegetarian soup recipes
- miso soup recipes

25 Fresh spices and herbs

- indian spices
- taco seasoning
- lemon pepper rub

25 Flavored coffee & tea blends

- coffee recipes
- tea recipes
- french vanilla
- cinnamon coffee

- coconut water iced coffee

20 Milkshake recipes

- cake batter milkshake
- frozen caramel hot chocolate
- kit kat milkshake
- nutella milkshake

25 Homemade skincare recipes

- body butter recipes
- lemon cream body butter
- baby skin cream

But this book isn't just about nutribullet recipes. You will also learn: 1. A comparison of the top blenders (nutribullet vs ninja, nutribullet vs magic bullet, etc)

2. How to clean nutribullet cups and machine

3. Great tricks to enhance all beverages you make

4. Juicing vs blending

5. Tips & techniques: saving 10+ hours a week preparing smoothies

6. Superfood guide

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From reader reviews:

Elizabeth Parker:

Spent a free time for you to be fun activity to complete! A lot of people spent their free time with their family, or their particular friends. Usually they doing activity like watching television, going to beach, or picnic inside park. They actually doing same task every week. Do you feel it? Would you like to something different to fill your own free time/ holiday? May be reading a book may be option to fill your no cost time/ holiday. The first thing that you'll ask may be what kinds of book that you should read. If you want to try look for book, may be the e-book untitled The Nutribullet Recipe Book (Nutribullet Recipe Book Series) (Volume 1) can be good book to read. May be it can be best activity to you.

Jeanne Gonzales:

Often the book The Nutribullet Recipe Book (Nutribullet Recipe Book Series) (Volume 1) has a lot of knowledge on it. So when you check out this book you can get a lot of profit. The book was authored by the very famous author. Tom makes some research just before write this book. This specific book very easy to read you will get the point easily after scanning this book.

Odis Hillyard:

Reading can called thoughts hangout, why? Because while you are reading a book mainly book entitled The Nutribullet Recipe Book (Nutribullet Recipe Book Series) (Volume 1) your thoughts will drift away trough every dimension, wandering in each aspect that maybe unknown for but surely can become your mind friends. Imaging each word written in a book then become one form conclusion and explanation that will maybe you never get previous to. The The Nutribullet Recipe Book (Nutribullet Recipe Book Series) (Volume 1) giving you a different experience more than blown away your head but also giving you useful info for your better life within this era. So now let us demonstrate the relaxing pattern is your body and mind will probably be pleased when you are finished examining it, like winning a sport. Do you want to try this extraordinary wasting spare time activity?

Dale Randolph:

Reading a book for being new life style in this yr; every people loves to examine a book. When you examine a book you can get a lot of benefit. When you read publications, you can improve your knowledge, due to the fact book has a lot of information upon it. The information that you will get depend on what sorts of book that you have read. If you would like get information about your examine, you can read education books, but if you want to entertain yourself you are able to a fiction books, these us novel, comics, and also soon. The The Nutribullet Recipe Book (Nutribullet Recipe Book Series) (Volume 1) provide you with a new experience in examining a book.

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