



# Moving to Higher Ground: How Jazz Can Change Your Life

*Wynton Marsalis, Geoffrey Ward*

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## **Moving to Higher Ground: How Jazz Can Change Your Life** Wynton Marsalis, Geoffrey Ward

In this beautiful book, Pulitzer Prize—winning musician and composer Wynton Marsalis draws upon lessons he's learned from a lifetime in jazz—lessons that can help us all move to higher ground. With wit and candor he demystifies the music that is the birthright of every American and demonstrates how a real understanding of the central idea of jazz—the unique balance between self-expression and sacrifice for the common good exemplified on the bandstand—can enrich every aspect of our lives, from the bedroom to the boardroom, from the schoolroom to City Hall. Along the way, Marsalis helps us understand the life-changing message of the blues, reveals secrets about playing—and listening—and passes on wisdom he has gleaned from working with three generations of great musicians. Illuminating and inspiring, *Moving to Higher Ground* is a master class on jazz and life, conducted by a brilliant American artist.

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