



# The Blessing of a B Minus: Using Jewish Teachings to Raise Resilient Teenagers

*Wendy Mogel Ph.D.*

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**The Blessing of a B Minus: Using Jewish Teachings to Raise Resilient Teenagers** Wendy Mogel Ph.D. *New York Times* bestselling author, internationally known clinical psychologist, and lecturer Wendy Mogel returns with a revelatory new book on parenting teenagers.

Mogel's sage advice on parenting young children has struck a chord with thousands of readers and made her one of today's most trusted parenting authorities. Now, in a long-awaited follow-up, Mogel addresses the question she hears most frequently: what to do when those children become teenagers, when their sense of independence and entitlement grows, the pressure to compete and succeed skyrockets, and communication becomes fraught with obstacles?

With her warmth, wit, and signature combination of Jewish teachings and psychological research, Mogel helps parents to ably navigate the often rough journey through the teenage years and guide children to becoming confident, resilient young adults. By viewing the frustrating and worrisome elements of adolescence as "blessings," Mogel reveals that they are in fact necessary steps in psychological growth and character development to be met with faith, detachment, and a sense of humor rather than over-involvement and anxiety. Mogel gives parents the tools to do so and offers reassuring spiritual and ethical advice on

- why influence is more effective than control.
- teenage narcissism.
- living graciously with rudeness.
- the value of ordinary work.
- why risk is essential preparation for the post-high school years.
- when to step in and when to step back.
- a sanctified approach to sex and substances.

An important and inspiring book that will fortify parents through the teenage years, *The Blessing of a B Minus* is itself a blessing.

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A lot of people always spent their own free time to vacation or go to the outside with them household or their friend. Were you aware? Many a lot of people spent that they free time just watching TV, or maybe playing video games all day long. In order to try to find a new activity that's look different you can read a book. It is really fun in your case. If you enjoy the book that you read you can spent all day long to reading a book. The book The Blessing of a B Minus: Using Jewish Teachings to Raise Resilient Teenagers it doesn't matter what good to read. There are a lot of people who recommended this book. These folks were enjoying reading this book. In the event you did not have enough space bringing this book you can buy the actual e-book. You can m0ore effortlessly to read this book out of your smart phone. The price is not to fund but this book has high quality.

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