



# First Aid, CPR, And AED Essentials

 $American\ Academy\ of\ Orthopaedic\ Surgeons\ (AAOS),\ American\ College\ of\ Emergency\ Physicians\ (ACEP),$   $Alton\ L.\ Thygerson$ 

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First Aid, CPR, and AED Essentials, Sixth Edition is the center of an integrated teaching and learning system that offers many resources to better support instructors and prepare students. This manual includes: •Coverage of the 2010 CPR and ECC Guidelines: Clear, concise direction on how to perform CPR and use an AED during an emergency. •Current information on injuries and illnesses: Core information for first aiders presented in a clear and straightforward format. •Skill Drills: Offer step-by-step explanations and visual summaries of important skills. •Flowcharts: Reinforce the decision-making process and appropriate procedures. •Emergency Care Wrap-Up Tables: Provide a concise summary of what signs first aiders should look for and what treatment steps they should take.



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