



Slow Cooking for Two: Basic Techniques Recipes

Cynthia Graubart

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Easy meals and creative recipes, tips, and techniques

Meals for two have never been so easy or delicious. Using nothing more than a slow cooker for heat and a few common kitchen helpers?like foil, mini loaf pans, ramekins, a metal jar ring, a glass baking dish, plastic liners, and a stick blender? Cynthia Stevens Graubart turns the common slow cooker (3 1/2-quart) into a multi-use cooking convenience. Slow Cooking for Two includes basic instructions and creative methods for 100 recipes, plus tips and techniques.

Cynthia Stevens Graubart is coauthor of Southern Biscuits and Mastering the Art of Southern Cooking with Nathalie Dupree, and author of The One-Armed Cook. She is married with two children. With her second child now away at college, she is adjusting to cooking for two at her home in Atlanta, Georgia.



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