



Do Nothing and Do Everything: An Illustrated New Taoism

Qiguang Zhao

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The power of the Tao has accompanied the author through his journey as pupil during the Chinese Cultural Revolution to professor at an American liberal arts college. In *Do Nothing and Do Everything* he applies the ideas of *Wu Wei* (do nothing) and *Wu Bu Wei* (do everything) to modern life. *Do Nothing and Do Everything* is supplemented by observations of American and Chinese life. Rich and humorous illustrations convey the subtle ideas that go beyond language and are re-created in the same style as the ones the author draws impromptu on the blackboard in his classes. This introduction to ancient Taoism is conveyed in a lighthearted and humorous manner. This illustrated new Taoism will answer the widespread thirst for an alternative approach to life, and a longing for health, tranquility, and spiritual liberation.

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