

# House Blessing - Spiritual House Cleaning and Smudging Your Home

Monica Vance



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**House Blessing - Spiritual House Cleaning and Smudging Your Home** Monica Vance How to bless your home, house, work place and space?

There are few places more sacred than one's home or house; it is where those you love and care most about gather: you, your family and friends. Your home is the environment where you center your energy, recharge and rejuvenate, congregate and grow. An individual's house can become a fortress of love, healing, protection and focused intent.

House Blessing: Spiritual House Cleaning and Smudging Your Home is your essential, no fluff guide to bless your home and rid it of negative or unwanted energy, replacing it with positive, loving energy.

You'll learn how to cleanse your house through concise, clickable chapters for fast reference. The author, Monica P.Vance, originally planned to write volumes about smudging ceremonies, the house blessing ritual and how it has evolved since smudging ceremonies began, but her clients begged for less historic background and more hands-on how to. She's delivered.

You'll quickly understand what you need, what to do with it and how to perform your own home blessings (this book not only cover one's house, but any space that needs to be cleansed of unwanted energy); this book is essential reading. The table of contents:

About the Author Introduction Chapter 1: Home and House Blessing Chapter 2: The Smudging Ceremony Chapter 3: How To Perform Your Own House Blessing: Spiritual House Cleansing Chapter 4: The Biggest Mistake Amateurs Make With Blessings and Ceremonial Ritual Chapter 5: Bless This House Chapter 6: What Is Smudging Chapter 7: The Smudging Ceremony In History **Chapter 8: Smudging Supplies** Chapter 9: The Smudge Stick and Smudging Wands Chapter 10: White Sage for Smudge Sticks and Smudging Chapter 11: Smudging Herb: Sweet Grass (Sweetgrass) Chapter 12: Smudging Feathers Chapter 13: Smudging Pots Chapter 14: Smudging and House Blessing Resources Chapter 15: Smudge Sticks Chapter 16: How To Make A Smudge Stick Chapter 17: Smudge Stick Ingredients: Smudging Herbs and Ingredients Conclusion: Keeping Your Home and Space Spiritually Cleaned

In this concise, practical, easy to read, book with fast access to the clickable table of contents you too, will

soon be ridding your house of negative energies potentially robbing you and your loved one's of health, wealth and wholeness.

You'll discover all essential answers needed to bless your house or home: what ingredients are needed, where to find them (both free, paid and done for you), when it's time to perform a house blessing ritual, how often you should and once you finally have your home protected, the extra measures to keep it that way often absent from most blessing books, as if a positive, spiritual barrier has enveloped your house protecting all those within.

Is the space in which you occupy helping you or hurting you, healing you or making you sicker, lifting you up or bringing you down?

This book will take you hand by hand, showing you how to spiritually cleanse your space, be it a new home blessing or any space you occupy (work, hotel room, vacation home, or practically any contained area) getting rid of energy that thrives on unhappiness and replacing it with beneficial, loving, positive energy that protects, harnesses and amplifies the truest energy and intentions that have been eluding you and your loved ones.

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