

From the Heart: Eight Rules to Live By

Robin Roberts



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We often hear that success requires pushing the boundaries, coloring outside the lines, stepping on toes, and breaking all the rules. But some rules are so critical they aren't meant to be broken. Here, perennially popular Good Morning America host Robin Roberts reveals the 8 rules that she has always honored on her road to success. Illustrated with stories from her work, her family, and her faith, she explains how deceptively simple maxims like "Never lose sight of the Big Picture" and "Give people the benefit of the doubt" are both deeply meaningful and crucial to happiness and genuine accomplishment. Combined with a good dose of Robin's trademark humor, warmth, and honesty, this book will be required reading for anyone in need of an infusion of sincere inspiration. And in light of her announcement in July 2007 that she had breast cancer, Robin's message is bound to touch an even larger audience.

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