



Spiritual Midwifery

Ina May Gaskin

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Here is the 4th edition of the classic book on home birth that introduced a whole generation of women to the concept of natural childbirth. Back again are even more amazing birthing tales, including those from women who were babies in earlier editions and stories about Old Order Amish women attended by the Farm midwives.

Also new is information about the safety of techniques routinely used in hospitals during and after birth, information on postpartum depression and maternal death, and recent statistics on births managed by The Farm Midwives.

From the amazing birthing tales to care of the newborn, *Spiritual Midwifery* is still one of the best books an expectant mother could own. Includes resources for doulas, childbirth educators, birth centers, and other organizations and alliances dedicated to improving maternity care at home and in hospitals.

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