



# Biografeats: Life Lessons of Courage, Perseverance, and Triumph

*Richard Lam*

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## **Biografeats: Life Lessons of Courage, Perseverance, and Triumph** Richard Lam

Who was the shooting star with a very generous heart? Who cultivated the first round pearl? Who was the first woman doctor in America that became a medical pioneer? In Biografeats, author Richard Lam shares 24 short biographies of 12 men and women who found the courage to overcome many adversities on their path to success. This collection narrates the life lessons of some of history's greatest achievers - from artists and athletes, to entrepreneurs and humanitarians, as well as lawyers, teachers, and scientists from eleven different countries. These stories feature individuals that exemplify courage, persistence, perseverance, sacrifice, desire, determination, diligence, attitude, and belief. Each selection begins with the subject's childhood and then progresses through a course of events filled with challenges, adversities, failures, and successes, finally ending with a major achievement. Biografeats demonstrates that regardless of culture, race, nationality, gender, or circumstance, anyone can succeed in life and realize their dreams. Richard Lam lives to inspire and be inspired. He is a financial advisor in Chicago. Go to [www.Biografeats.com](http://www.Biografeats.com) for more info on the author, teacher resources, where to buy, etc.

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