



Handbook for Psychiatric Trainees

Dinesh Bhugra

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The recent transformation of postgraduate medical education has changed the landscape of psychiatric training. This handbook is a must for anyone trying to navigate the terrain. It covers a wide range of topics, from ethical reasoning in psychiatry to more practical aspects of coping at a personal level. It informs trainees about liaison with key players in their training and provides an overview of virtually every aspect of the trainees professional life. The book will be invaluable for psychiatric trainees and trainers. Those who are interested in choosing psychiatry as a career will find it a useful introduction to the subject and to what psychiatrists do.

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