



How to Become a Heroic Writer: Train Your Brain to Build Habits, Overcome Obstacles, and Reach Readers

Jerry Waxler

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In the 21st century, many of us feel the stirring of an audacious challenge. We want to ride the waves of global communication by writing compelling stories, articles, and essays. To complete and publish such works, we need courage, tenacity, good habits and hope. Throughout history, we have admired such qualities in our heroes. In the 21st century, science offers practical methods to help us achieve these qualities for ourselves. The techniques described in this book draw from the author's lifelong search for the science and art of becoming a writer. The explanations and exercises, originally developed for students in his writing workshops, will guide you on your quest. "Using skillfully crafted anecdotes and thoughtful writing prompts, Waxler inspires and motivates veteran as well as novice writers to examine themselves and in the process face the world with renewed confidence." Ed Krizek, author of *Afterlife and Other Stories* "Waxler demystifies the inner demons I battle daily and offers practical advice and exercises to break down the author-reader connection into bite-size pieces I can digest at my own pace." Kerry Gans, fiction writer and author of *The Goose's Quill* "Heroic Writer together with Jerry's *Memoir Revolution*, shows how writing offers safe ways to explore the past while creating new memories, behavior and mental models for the future." Nancy Lubow, PhD, Art Therapist

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