



The Muscle and Bone Palpation Manual with Trigger Points, Referral Patterns and Stretching, 2e

Joseph E. Muscolino DC

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Muscolino's comprehensive and visually engaging coverage takes an in-depth look at palpation of muscle and bone along with trigger points and their pain referral patterns, stretching, specific muscle treatment, and more. Amazing four-color artwork shows palpation of the muscle with illustrations drawn over full-color photos. New additions such as review questions, "Deeper Thoughts," case studies and an Interactive Muscle Program help you develop integrative clinical-reasoning skills and successfully apply palpation techniques in massage therapy.

- **Step-by-step muscle palpation coverage** with clear reasoning provided for each step presents content in a way that is easily understood and remembered rather than just memorized.
- Amazing **four-color artwork** shows palpation of the muscle with muscle and bone illustrations drawn over full-color photos offering you a better sense of exactly how the muscles look and where the muscle is located underneath the skin as it is being palpated.
- **UNIQUE! Stretching coverage** provides more information on this effective treatment technique and helps you understand the role of stretching in treatment.
- **Trigger Points and Referral Patterns illustrations** show where trigger points lie on the muscle and where pain radiates when an injury is felt so you can effectively identify trigger points and referral patterns in a clinical setting.
- **UNIQUE! Palpation photos** help students and practitioners learn to identify muscles when the body is positioned the way they will encounter it in the massage setting.
- Specific massage-related **assessment and treatment strokes** are shown through illustrations and in the *Palpation Notes*, moving you from theory and assessment to practical application.
- **Bone Palpation coverage** teaches you to identify and palpate bones and bony landmarks.
- **Chapter overviews and outlines** introduce each chapter so you can preview the content and direction of the chapter at the major concept level.
- **Measurable chapter objectives** at the start of each chapter identify key goals as well as information that should be mastered.
- **NEW! Interactive Muscle Program** available on Evolve allows you to see muscle attachments and the relationship among the muscles of the region, easing the process and aiding in retention of material.
- **NEW! Drawings of therapist-assisted stretches** added to the third section of the text supplies you with a comprehensive look at stretching, with both the existing self-stretches and the assisted stretches presented side-by-side.
- **NEW! Case studies** keep your interest level high with the opportunity for integrative, clinical reasoning.
- **NEW! Reformatted Bone Palpation and Ligaments section** offers content in a narrative format consistent with the rest of the text for easier navigation.
- **NEW! "Deeper Thoughts" questions** actively engage and challenge your reasoning skills.
- **NEW! Review questions** allow you to discuss concepts and synthesize important chapter information.

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From reader reviews:

Keri Yokum:

The feeling that you get from The Muscle and Bone Palpation Manual with Trigger Points, Referral Patterns and Stretching, 2e could be the more deep you excavating the information that hide inside the words the more you get considering reading it. It doesn't mean that this book is hard to comprehend but The Muscle and Bone Palpation Manual with Trigger Points, Referral Patterns and Stretching, 2e giving you enjoyment feeling of reading. The article writer conveys their point in selected way that can be understood through anyone who read the item because the author of this guide is well-known enough. That book also makes your vocabulary increase well. So it is easy to understand then can go together with you, both in printed or e-book style are available. We propose you for having that The Muscle and Bone Palpation Manual with Trigger Points, Referral Patterns and Stretching, 2e instantly.

Mark Bunnell:

Reading can called mind hangout, why? Because if you are reading a book specifically book entitled The Muscle and Bone Palpation Manual with Trigger Points, Referral Patterns and Stretching, 2e the mind will drift away trough every dimension, wandering in every aspect that maybe unidentified for but surely will end up your mind friends. Imaging just about every word written in a book then become one type conclusion and explanation which maybe you never get just before. The The Muscle and Bone Palpation Manual with Trigger Points, Referral Patterns and Stretching, 2e giving you one more experience more than blown away your head but also giving you useful data for your better life on this era. So now let us show you the relaxing pattern the following is your body and mind is going to be pleased when you are finished reading through it, like winning a sport. Do you want to try this extraordinary shelling out spare time activity?

Ed Abraham:

Is it anyone who having spare time then spend it whole day by watching television programs or just lying down on the bed? Do you need something totally new? This The Muscle and Bone Palpation Manual with Trigger Points, Referral Patterns and Stretching, 2e can be the respond to, oh how comes? The new book you know. You are consequently out of date, spending your free time by reading in this brand new era is common not a geek activity. So what these ebooks have than the others?

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